

CHILDREN'S BASKETBALL WORKSHOP

兒童籃球工作坊



Date: 3rd February, 2018 (Saturday)

日期: 2018 年 2 月 3 日 (星期六)

Time: 3pm – 4 pm

時間: 下午 3 時正至 4 時正

Venue: 8/F Squash Court
(Multi – purpose)

地點: 8 樓多用途壁球場

Fee: Member \$150, Guest \$180

費用: 會員 \$150, 賓客 \$180

Age: 4 to 15 years old

年齡: 4 至 15 歲

Basketball is one of the most vigorous forms of exercise, and as such, it is a sport that is not only enjoyable but can work wonders for your physical health. Get your children started at shooting some hoops at this workshop designed to enhance their skills needed to become a good basketball player.

籃球運動充滿活力，節奏明快。這項運動不僅讓人身心愉快，亦可強身健體。小會員參加籃球工作坊，有助提升籃球技術。

***Advanced booking is required**

***敬請預約**

*** Enrolment deadline: 27th January 2017**

***截止報名日期: 2017 年 1 月 27 日**

*** Maximum: 12 Persons**

***最多人數: 12 位**

*** Participants will be confirmed via telephone on 27th Jan**

***參加者於 1 月 27 日將收到本會電話以確實報名**

For enquiries and enrolment, please contact the Sports and Recreation Centre on 2829 7979

詳情及報名請與康體部聯絡 2829 7979