

Parent-child Aromatherapy Workshop

親子香薰工作坊

Dry and itchy skin is almost as inevitable as winter itself. Aromatherapy therapist Chloe Chan will demonstrate how to formulate a natural, gentle body lotion by blending various natural aromas that is suitable for the family to use.

By using organic plant based oils, natural aromatherapy essential oils, floral waters, and plant extracts, Members will learn how to formulate a light, easily-absorbed body lotion which will not clog pores.

The product caters to children whose skin are delicate and people with sensitive skin as well as those who love natural skin care products. It can effectively relieve dry and itchy skin by moisturising and nourishing it, while also giving a natural and elegant scent.

During the workshop, Aromatherapy Therapist Chloe Chan will:

- explain the secrets of skin care products on the shelves
- introduce natural aromatherapy essential oils, floral waters, and plant extracts that are suitable for children or sensitive skin
- explicate the organic base oil that nourishes skin
- explain the most suitable, safe and effective ratio
- guide members in blending a 100ml body lotion using their favourite aromas and desired efficacies

* Aromatherapy essential oil is a pure natural plant oil without a chemical fragrance and is 100% non-additive.

* Imported British brand Fleur & Oshadhi and other organic essential oils will be provided in the workshop.

入冬後天氣仍然乾燥，香薰治療師Chloe Chan希望利用香薰，調配純天然溫和親膚身體乳液適合一家大細使用。

運用有機植物底油、天然香薰精油、花水和植物萃取精華，製作溫和親膚身體乳液，容易被皮膚吸收且不會堵塞毛孔。

製成品配方適合皮膚幼嫩的小朋友、敏感肌及喜愛天然護膚產品人士，有效舒緩皮膚乾燥痕癢，保濕潤膚，香氣天然優雅。

工作坊由香薰治療師Chloe Chan主理，內容如下：

- 講解坊間護膚品瓶子裡的秘密
- 講解適合小朋友或敏感皮膚的天然香薰精油、花水和植物萃取精華
- 講解滋養皮膚的有機植物底油
- 講解最合適、安全、有效的比例
- 會員可根據適合自己的香薰及功效即場自行調配100ml身體乳液一枝

* 香薰精油是純天然的植物精油。絕不是化學香精，百分百無添加。

* 工作坊選用香薰精油為英國品牌 Fleur & Oshadhi或其他有機植物油，均由外國進口。



12 Dec (Sat)
3pm – 4:30pm
6 years old or above*
7/F Function Room
M \$360 G \$390
Enrolment deadline:
5 Dec (Sat)
Quota: minimum 4 persons
Advanced booking is required
*Children must be accompanied by an adult

12月12日(星期六)
下午3時至下午4時30分
6歲或以上*
7樓宴會廳
會員\$360 賓客\$390
截止報名日期:
12月5日(星期六)
名額: 最少4人
敬請預約
*小童必須由成人陪同下參加